

BOOT CAMP FOR BOOMERS



“Aquativity”

Guest speaker: Priscilla Allen

“Travel with me as we explore our pools, lakes and rivers, the oceans, out on a boat – all done without leaving the room!”
Experience a visceral, stress free relaxing time

Tuesday, March 12, 2013

5:30pm to 7pm

Supper at 5:30pm for only \$6

Presentation from 6pm to 7pm

Please register by March 8, 2013

(860)441-6785



discover the Groton Senior Center

